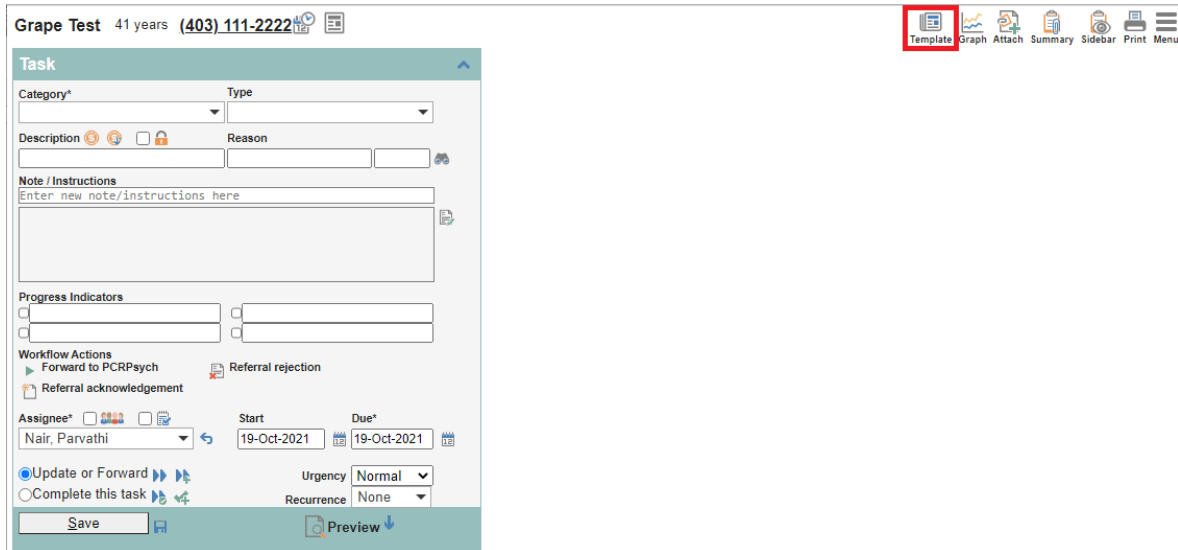
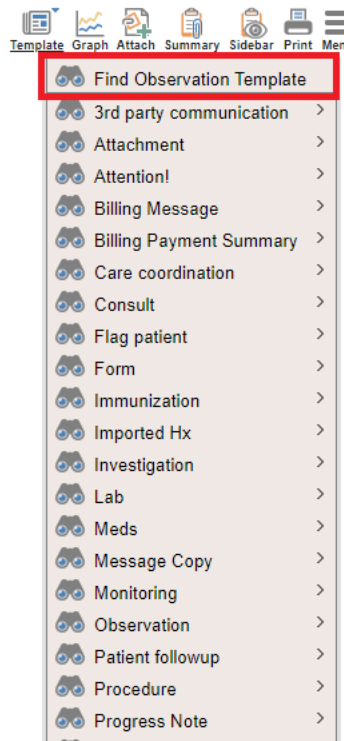


Prescription to Get Active in Med Access

1. In a new Task, click on the **Template** icon on the top right-hand corner.



2. Click on **Find Observation Template**.



- Search for **Referral: Prescription To Get Active (AB)**. You can also perform a partial keyword search. Consider favoriting the template by clicking on the heart icon. This ensures the template is easily accessible.

Observation Templates

| Name | Category | Order Type | Group | Discipline | Limit |
|--|----------|------------|-------|----------------|-------|
| prescription to | All | All | | All Subscribed | 25 |
| *Prescription to Get Active - Red Deer PCN (system.med-access.net) | Form | | | | |
| *Referral: Prescription To Get Active (AB) (system.med-access.net) | Consult | | | | |

- The task will now display the Prescription To Get Active referral form.

Task

Category: Consult

Description: **PTGA**

Note/Instructions: Enter new note/instructions here

Progress Indicators:

Workflow Actions: Forward to PCSPsych, Referral acknowledgement, Referral rejection

Assignee: Nair, Parvathi

Start: 19-Oct-2021, Due: 19-Oct-2021

Urgency: Normal, Recurrence: None

Buttons: Save, Preview

PRESCRIPTION TO GET ACTIVE

Date: 19-Oct-2021

Patient Name: Grape Test

Physician/Provider Name: Parvathi Nair

Clinic Name: CWPCPN - Mental Health Program

Your doctor or other health care provider would like you to increase your physical activity to improve your overall health. The **Prescription to Get Active** program is meant for individuals who need to be more active and who can exercise without supervision or medical restrictions.

Start slowly by adding physical activities that you enjoy into your daily routine.

Please check one: GOAL

| | |
|---|---|
| <input type="checkbox"/> Child or Youth | Work up to a minimum of 60 minutes of physical activity daily |
| <input type="checkbox"/> Adult | Work up to a minimum of 150 minutes of physical activity per week |

Visit www.PrescriptionToGetActive.com where you can:

- Register and start tracking your activity and progress.
- Find an activity that works for you.
- Learn about detailed physical activity guidelines.