



# CanREACH

**A SMALL INVESTMENT OF YOUR TIME  
COULD CHANGE A CHILD'S LIFETIME**

A Continued Medical Education (CME)  
Mini-Fellowship training program licensed and  
developed by The REACH Institute

## **PATIENT-CENTERED MENTAL HEALTH IN PAEDIATRIC PRIMARY CARE (PPP) PROGRAM**

The **PATIENT-CENTERED MENTAL HEALTH IN PAEDIATRIC PRIMARY CARE PROGRAM**, adapted for Canadian Primary Care Providers, consists of:

- 1. THREE DAY WORKSHOP** - a dynamic and interactive 2 day (15 hour) course that uses a combination of intensive face-to-face teachings and hands-on practice
- 2. SIX MONTHS BI-WEEKLY CALLS** - ongoing case-based program using distance learning methods

### **PARTICIPANTS LEARN TO**

- Identify and differentiate among paediatric mental health concerns
  - Childhood depression, ADHD, bipolar disorder, anxiety, aggression and psychosis
- Effectively manage psychopharmacology
  - Selecting, initiating and tapering medication, monitoring change, and identifying and minimizing side effects
- Create and implement treatment plans
  - Mobilizing existing resources and natural and professional supports

### **WORKSHOP OUTLINE**

- FRIDAY (8:00 am - 4:30 pm)**  
 Common Grounds and Gaps  
 Psychopharmacology Overview  
 Assessment including Tools to Use  
 Assessment/Treatment Anxiety  
 Understanding FDA Boxed  
 Assessment/Treatment Depression  
 Bipolar Disorder Warning
- SATURDAY (8:00 am - 4:00 pm)**  
 Assessment/Treatment ADHD  
 Assessment/Treatment Aggression  
 Psychosis  
 Adverse Effects/Monitoring  
 Atypicals Billing and Next Steps

### **UPCOMING VIRTUAL SESSIONS**

- May 2022 - December 2022**  
 Virtual Workshop: May 13 & 14th, 2022  
 Followed by 6-months of bi-weekly case consults
- September 2022 - December 2022**  
 Virtual Workshop: September 9th & 10th, 2022  
 Followed by condensed 3-months of weekly case consults



### **OUT OF PROVINCE REGISTRATION**

CanREACH gives priority to residents of Alberta. If you do not practice in Alberta, please do not complete the payment process.

We will be in contact with you to discuss availability once you have submitted this form.

This Group Learning program has been certified by the College of Family Physicians of Canada for up to 81 Mainpro+ credits. This event is an Accredited Group Learning Activity (Sec1) for 24.50 credits and an Accredited Self-Assessment Program (Sect3) for 6.50 credits as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development.

### **REGISTRATION FEE**

\$800

### **LEARN MORE AT**

[www.hmhc.ca/canreach.html](http://www.hmhc.ca/canreach.html)

For Registration, please contact:

Ph: 403-955-1104  
CanREACH@ahs.ca

Or scan the QR Code

